

## **ZEN GLITTER JAR**

### **Materials:**

Clear Jar/Bottle

Warm Water

Clear Glue

1 teaspoon Glycerin

Glitter – different grains, textures, shapes, colours etc.

Optional to add one drop of food colouring or a small chunk of water colour paint, but not too much!

### **Instructions:**

Fill 1/3 of your glass bottle with warm water.

Add about 175 ml of Clear Glue

Use a whisk to mix it up and/or shake it/stir it to mix water and glue.

Start adding your favourite colours and styles of glitter. Pour it in, adding all different colours and varieties of glitter. Mix it up.

Add the glycerin

Add more warm water and fill to the top. Cap on and superglue and/or put tape around the top of jar for safety measures.

If it's too thick and clumpy, simply add more water and add coins or marbles in it to help mix it when you shake it. And if it's not mixing properly you can always put it in a saucepan on the stovetop and heat it together.